

Synchronous, Interactive,
Online Training!



Register today at
<https://tinyurl.com/cvilleparts>
Registration closes 09/27/24

PARTS, PARTS, PARTS?!

A practical, strengths-based approach to working with all clients.
with Kris SantaMaria, LCSW

**Module One: October 4th
and 11th, 12pm-5pm**

Understand what 'Parts of Self'
means, using parts language to
access subconscious
information and transform
difficult feelings and behaviors.

**Module Two: October 18th
and 25th, 12pm-5pm**

Learn strategies to work with
more difficult clinical
presentations. Two 1.5 hour
consult groups to follow, which
do not qualify for CEs.

**\$425 without CEs | \$450 with 18 CE hours and 18 EMDRIA CEs
for professional counselors and LCSWs**

For more information, go to: www.riverbendcounseling.com/train

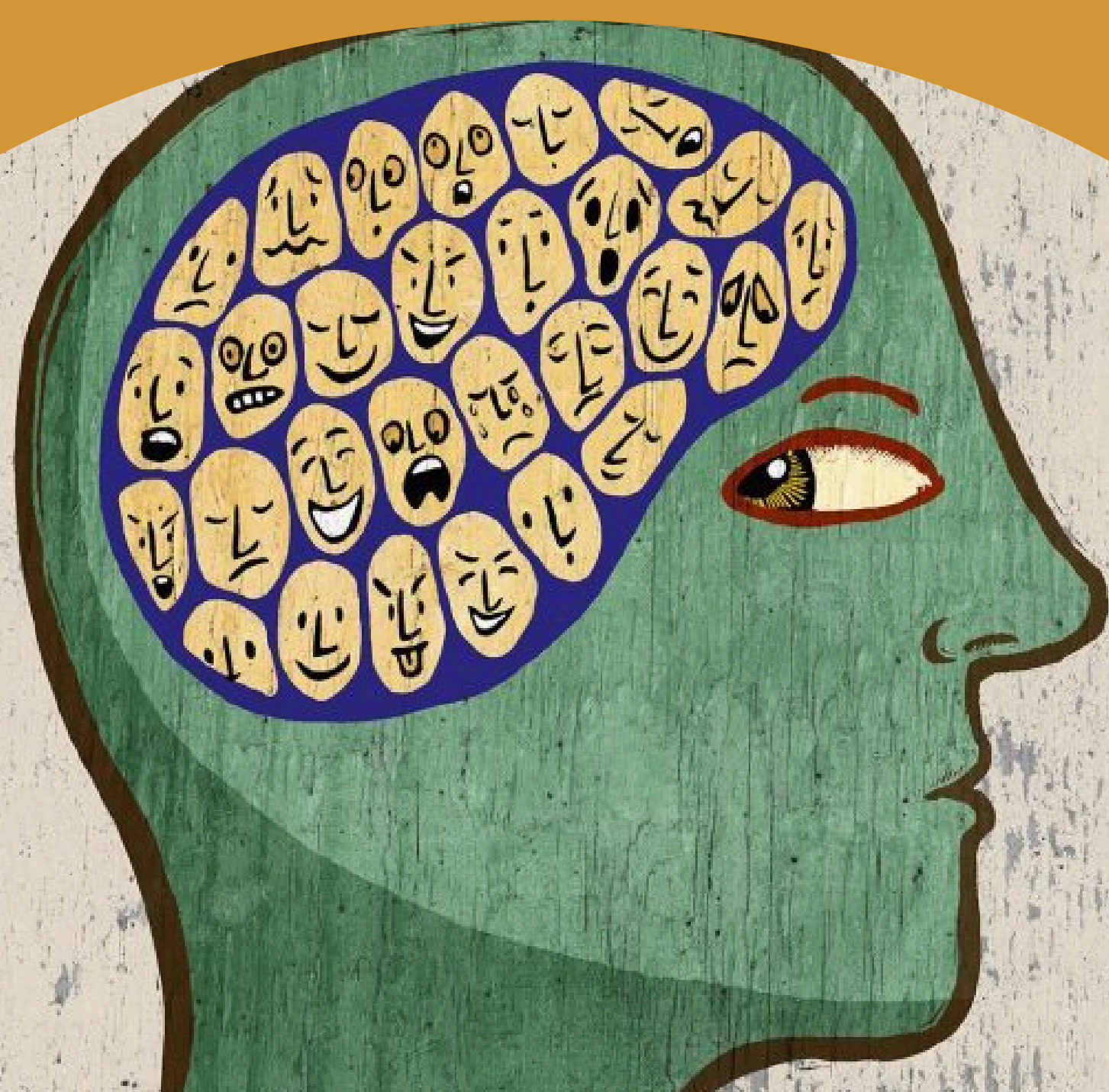
A portion of the proceeds will
be donated to the Virginia
Community Response
Network vcrn.org

Parts, Parts, Parts?! has been
approved by NBCC for NBCC credit.
Riverbend Integrative Trauma
Treatment is solely responsible for
all aspects of the program. NBCC
Approval No. SP-3823.

EMDRIA EC Program Approval
Number: #22034-01

Riverbend Integrative Trauma
Treatment, provider number 1807, is
approved to offer social work
continuing education by the
Association of Social Work Boards
(ASWB) Approved Continuing
Education (ACE) program.
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Agenda

PARTS, PARTS, PARTS?! Module One

DAY 1: 12pm – 5pm

12 – 12:15 Welcome and Introductions
12:15 – 12:20 Set intentions for the training today and overall
12:20 – 12:30 Self- Regulation
12:30 – 1:30 What we mean by Parts and Identifying them System Maps Practicum: Draw out Parts of Self and System
1:30 – 1:45 Break
1:45 – 2 Self vs Parts
2 – 3:15 Communication Plans and rules
Practicum with Partner: Prompt and draw out plans
3:15 – 3:30 Break
3:30 – 4:30 Parts Work in a Session Looks like, Structuring a Session
Practicum with Partner: Organize and set intention for the session
4:30 – 4:45 Theories
4:45 – 5 Wrap up and Questions

DAY 2: 12pm – 5pm

12 – 12:15 Welcome and set intentions for the training today
12:15 – 12:20 Self- Regulation
12:20 – 12:40 Questions from Day 1, What have you tried with Clients?
12:40 – 1:30 Assessing Level of Dissociation, Video
1:30 – 1:45 Break
1:45 – 3:15 Direct Communication with Parts vs. Self/Internal Communication
Internal Communication Practicum
3:15 – 3:30 Break
3:30 – 4:45 Working with different types of Selves toward transformation Assessing for EMDR Readiness
4:45 – 5 Wrap up and Questions

PARTS, PARTS, PARTS?! Module Two

DAY 3: 12 pm – 5pm

12 – 12:15 Welcome and Set intentions for the training today
12:15 – 12:20 Self- Regulation
12:20 – 1:00 Questions from Days 1 & 2, What have you tried with Clients?
1:00 – 1:30 Identifying types of Selves and how to help each
1:30 – 1:45 Break
1:45 – 3:15 Parts Rescues (Exiles) Video.
3:15 – 3:30 Break
3:30- 4:45 Looking for stuck/unexpressed survival energy- fight, flight or freeze
Role Play Parts Rescues, Appreciating Dissociation, Predicting Competency, Clarify Goals of Parts Work with Clients
4:45 – 5 Wrap up and Questions

DAY 4: 12pm – 5pm

12 – 12:15 Welcome and Set intentions for the training today
12:15 – 12:20 Self- Regulation
12:20 – 1:00 Questions from what you've tried with Clients?
1:00 – 1:30 Moving forward with Protectors and Managers
1:30 – 1:45 Break
1:45 – 3:15 How to Help Difficult or Scary Parts. Role Plays
3:15 – 3:30 Break
3:30 – 4:30 Review intentions for parts communications and how to help different types of selves. Questions.
4:30 – 4:45 When is Treatment Complete?
4:45 – 5 Wrap up
4 x 4.5 total hours = 18 CEs for Professional Counselors and Social Workers

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