



## Learning Objectives for Parts, Parts, Parts?! Training

### Basic Objectives - 10 hours

(9 CEs)

- Participants will be able to understand and explain what “Parts of Self” means.
- Participants will be able to use parts language with clients.
- Participants will learn to use parts language as a way to effectively access subconscious and/or dissociative internal information and use parts language. Participants will be able to use Parts Language as a strengths-based method to transform difficult feelings and behaviors.

### Advanced Objectives - 10 hours

(9 CEs)

- Advanced course participants will be able to differentiate between different types of parts and their functions
- Advanced course participants will be able to use effective interventions for each different type of part
- Advanced course participants will be able use Parts Rescues
- Advanced course participants will be able productively attend to difficult and complex parts of self

### Ongoing Consult Group – 4.5 hours

(4.5 additional CE hours available for LCSW, ASW, MFT and LEPs only, but all are welcome to participate)

- Three 1.5 hour sessions

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- Consultation Groups are available only to participants who have completed the Advanced Training.
    - Due to the novelty and complexity in learning this material, consultation groups are extremely helpful in learning parts work. Experiential learning and supported practice will help participants gain greater competence.
    - During groups, Trainer will answer clinical questions and further learning using these examples. Many participants will have similar questions and it is very useful to learn from each other and hear/see examples.
    - Participants will bring in verbal, written and/or video examples of client sessions and demonstrating their attempts to use the Parts Work frame for their work and naming the difficulties or questions that arose. Participants will ensure confidentiality for their clients by not using identifying information.
    - Advanced Participants will sign up for three 1.5 hour Consultation Groups which will run from April 29th - August 12th and will have a maximum of 10 participants in each group.