

## **Charlottesville Resource Guide**

### **Food/Shelter/Clothing/Housing**

#### **FOOD**

**Daily Soup Kitchens** - Charlottesville 434-972-1715

**Emergency Food Network (EFN)** 434-979-9180, 900 Harris Street, Charlottesville – Food orders may be placed by phone only, 9 am-12 noon, Monday or Friday. Food may be picked up 1:30 pm-3:30 pm Monday or Friday. The EFN provides food to persons in need once a month, on a self-referral basis. Thereafter, assistance may be provided only with an agency referral. Food assistance is for Charlottesville or Albemarle residents only.

**Food Stamps** – (434) 972-4010

**Legaci Eats** - <https://legacieats.com/>

**Loaves and Fishes Food Pantry**- 434-996-7868, 2050 Lambs Road, Charlottesville – Food distribution is available on Wednesday from 2:00-4:00pm, Wednesday from 2:00-4:00pm, Thursday from 6:30-8:30pm, and Saturday from 10am-12pm. Assistance is awarded twice per calendar month.

**Home Delivered Meals-through JABA- 434.817.5253** – Home delivered meals from Mom’s Meals. Speak to a counselor about eligibility.

**Louisa Community Cupboard** | (540) 967-1510, 147 Resource Lane, Louisa – Provides a two-week supply of groceries to families facing emergency needs for food. Families may receive an emergency supply of food a maximum of two times in a six-month period. Monthly food assistance may be available for families in need with qualifying incomes.

**Meals on Wheels** – Charlottesville (434) 293-4364 Fluvanna (434) 589-1685

**Salvation Army Public Meals** - 434-295-4058

#### **SHELTER**

**Domestic Violence (SHE)** - 434-93-8509

**Hope House-MACAA** - 434-295-3171 ext.3021

**PACEM** – Women (434) 465-7521 Men (434) 465-1392

**Salvation Army** - <https://salvationarmypotomac.org/charlottesvilleva/> (434) 295-4058

<https://salvationarmypotomac.org/waynesboro/> (540) 943-7591

**The Haven** – thehaven.org, Charlottesville 434-973-1234 Ext.100

**Valley Mission** – (540) 886-4673, Staunton

**Warm Shelter** – warmwaynesboro.org, Waynesboro

#### **CLOTHING**

**Central VA Baptist** 434-977-6876

**Free Laundry** (by appointment)- 434-977-7777

**Goodwill Thrift Shop** - 434-295-3967

**Pregnancy Center** - 434-979-8888

**Salvation Army Family Store** - 434-979-5230

**Schoolhouse Thrift Shop** – (434) 973-2271

**Twice is Nice Thrift Shop** – (434) 293-8319  
**Valley Mission Thrift Store** – (540) 886-4673, Staunton

## **HOUSING**

**Albemarle Housing Improvement** 434-817-2447  
**Albemarle Office of Housing** 434-296-5839  
**Charlottesville Free Paint Program** 434-970-3093  
**Flu/Louisa Housing Foundation** 540-967-3483  
**Habitat for Humanity** 434-293-9066  
**Piedmont Housing Alliance** 434-817-2436

## **FINANCIAL ASSISTANCE**

**United Way Emergency Financial Assistance Program** – (434)326-0950 (English)  
(434)373-0930 (Spanish) M-F, 9-6

## **Crisis/Mental Health**

**Domestic Violence (SHE)** - 434-293-8509  
**Helpline (Madison House)** - 434-295-8255  
**On Our Own- Peer Recovery** - 434-979-2440  
**Partner for Mental Health** - 434-977-4673  
**Pregnancy Center Hotline** - 434-220-3777  
**Region Ten** - (434) 972-1800  
**SARA (Sexual Assault)** - 434-295-7273  
**Statewide Information and Referral** - 211  
**Teen Crisis Hotline (ReadyKids)** - 434-972-7233  
**Women's Initiative** 434-872-0047

## **Preschool/School/Special Education**

**Adult Learning Center** – (434) 245-2817  
**CATEC** - (434) 973-4461  
**TJ ACE-PVCC** – (434) 977-3900  
**Continuing Education - UVA** (434) 982-5252  
**Fluvanna Adult Education** - (434)842-9273  
**Bright Stars - (Alb. County)** 434-972-4010  
**Charlottesville Preschool** - 434-245-2813  
**Head Start (MACAA)** - (434)295-3171  
**Shining Star (JABA)** - (434) 817-5222  
**Literacy Volunteers CHAR-ALB** - (434) 977-3838  
**Literacy Volunteers Nelson Co.** – (434) 263-6447  
**Sin Barreras** - (434) 531-0104  
**Arc of the Piedmont** - (434) 977-4002  
**P.R.E.P./Parent Resource Center** – (434) 975-9400

Virginia School for the Deaf & Blind – (540) 332-9000

### **Family Support via Schools**

Charlottesville City Schools (student & family engagement) - (434) 245-2405

Albemarle County Social Services (school-based family support) - (434) 972-4010

### **Peer Support Programs**

On Our Own - Peer Recovery – (434)-979-2440

Partner for Mental Health – (434)977-4673

Region Ten - (434) 972-1800

### **Substance Abuse**

Addiction Allies – (434) 400-9668

Addiction Recovery Service – (434) 220-0080

Alcoholics Anonymous – (Albemarle & surrounding areas) <https://aaheartofva.org/>

Narcotics Anonymous – (Albemarle & surrounding areas)

<https://piedmontvana.org/meetings>

Region Ten – (434) 972-1800

### **Legal & Court Advocacy Programs**

Albemarle Victim/Witness – (434) 243-7929

Central VA Legal Aid - (434) 296-8851

Charlottesville Victim/Witness Assistance Program – (434) 970-3176

Court Services Unit (Albemarle/Charlottesville) – (434) 979-7165

Legal Aid Justice Center – (434) 977-0553

Sin Barreras - (434) 531-0104

### **Sexual Assault Resources**

Albemarle Victim/Witness – (434) 243-7929

Charlottesville Victim/Witness Assistance Program – (434) 970-3176

Sexual Assault Resource Agency (434) 295-7273

Domestic Violence (SHE) (434) 293-8509

UVA Women's Center 434-982-2361

The Women's Initiative 434-872-0047

## **Family Skill Building/Co-parenting Support/Mediation**

**Child Health Partnership – (434) 964-4700**  
**Community Attention - (434) 970-3346**  
**Family Preservation Services - (434) 293-4262**  
**Fatherhood Engagement (social services) – (434) 972-4010**  
**Lafayette School & Treatment - (434) 589-2370**  
**ReadyKids - (434) 296-4118**  
**Region Ten Community Services - (434) 972-1800**

### **MEDIATION**

**[www.courts.state.va.us/courtadmin/aoc/djs/programs/drs/mediation/resources/home.html](http://www.courts.state.va.us/courtadmin/aoc/djs/programs/drs/mediation/resources/home.html)**  
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## **Senior Support Services**

**Adult Day Care-JABA 434-817-5222**  
**Adult Protective Services – (800)552-7096**  
**Alzheimer's Association 434-973-6122**  
**Dementia Hotline 434-973-6122**  
**Hospice of the Piedmont (800) 975-5501 434-817-6900**  
**JABA 434-817-5222**  
**Meals on Wheels -CVILLE 434-293-FLU 434-589-1685**  
**Social Security Administration (800) 772-1213**  
**The Center 434-974-7756**

## **Companion Animal Support**

**CASPCA - (434) 973-5959**  
**Dogs Deserve Better (Blue Ridge) – (434) 264-6170 [dogsdeservebetter.org](http://dogsdeservebetter.org)**  
**Green Dogs Unleashed – [greendogsunleashed.org](http://greendogsunleashed.org)**  
**HOWS Project – (434) 882-1847 [housesofwoodandstraw.org](http://housesofwoodandstraw.org)**

## **Transportation**

**Charlottesville Transit Service 434-970-3649**  
**JAUNT toll free 800-365-2868 434-296-3184**  
**RideShare 434-295-6165**  
**University Transit Service (UTS) 434-924-7711**

## **Autism Support**

**Compass – (434) 220-0089**

**Virginia Institute of Autism - (434) 923-8252**

## **Grief & Bereavement**

**Griefshare.org**

**Hospice of the Piedmont (center for grief & healing) – (434) 817-6900**